



IMMACULATE CONCEPTION CATHOLIC CHURCH

15<sup>th</sup> June 2025

HOLY TRINITY SUNDAY

When the Spirit of truth comes, he will guide you into all the truth. John 16,13a

**Our Parish vision is to bring people closer to Christ  
by inviting, welcoming, nurturing and nourishing everyone**

**Address:** 346 Portswood Road, Southampton, SO17 3SB  
**Tel:** (023) 8055 5470  
**Website:** www.immaculateconception.church  
**Email:** [office@immaculateconception.church](mailto:office@immaculateconception.church)  
**Facebook:** Immaculate Conception Church, Portswood  
**Catholic Diocese of Portsmouth, (Reg Charity No: 1199568)**  
**Bank details:** CDP, Immaculate Conception Church  
 Sort Code: 30-93-04  
 Account No: 00887995

**Parish Priest:** Fr Anthony Chiatu  
**Parish Deacon:** Dcn Gerard Dailly  
**Hospital Chaplaincy:** (023 8120 8517)  
**University Chaplain:** Sr Emelliana Silva (07426 000213)  
**Safeguarding Officer:** Laura Sparmann  
 (safeguarding@immaculateconception.church)  
**Parish Secretary:** Cecilia Kovacs (023 8055 5470)  
**Confessions:** After 10 am Mass on Saturdays  
**Hall Bookings:** contact the parish secretary

**PARISH OFFICE OPEN NEXT WEEK: Tuesday/Friday 10:00-5 pm, Wednesday/Thursday 1 - 5pm**

**ALL MASSES ADVERTISED BELOW ARE AVAILABLE TO JOIN LIVE, ONLINE AT  
[www.churchservices.tv/portswoodchur](http://www.churchservices.tv/portswoodchur)**

Date	Solemnities & Feast days	Times & Liturgies		Mass Intentions
Sun 15 June	<b>THE MOST HOLY TRINITY</b>	8.30 am 10.30 am	Mass Mass	Stavros RIP
Mon 16 June	St Richard of Chichester, Bishop		NO MASS	
Tue 17 June	Feria	9.00 am 10.00 am	Eucharistic adoration Mass	
Wed 18 June	Feria	10.00 am	Mass	Leo Laurencio 16th birthday & Maria Goncalves 85th birthday Maria Bibbo RIP
Thu 19 June	St Romuald, Abbot	10.00 am	Mass	
Fri 20 June	St Alban, Martyr	9.00 am 9.30 am 10.00 am	Eucharistic adoration Rosary Mass	June Anderson - undergoing surgery on this day
Sat 21 June	St Aloysius Gonzaga	11.00am	<b>FIRST HOLY COMMUNION MASS</b>	
Sun 22 June	<b>CORPUS CHRISTI</b> <b>The Body and Blood of Christ</b>	8.30 am 10.30 am	Mass Mass	Stavros RIP

**READINGS FOR THIS SUNDAY**

**1<sup>st</sup> Reading:** Proverbs 8:22-31  
**Psalm:** Ps 8:4-5. 6-7. 8-9. R2a  
**2<sup>nd</sup> Reading:** Romans 5:1-5  
**Gospel:** John 16:12-15

**SECOND COLLECTIONS:**

15<sup>th</sup> June: Day for Life  
 22<sup>nd</sup> June: No second collection

**NEXT WEEK IN THE PARISH**

**Mon 16<sup>th</sup>** Cooking Class with Caritas – 11am in the Parish hall  
**Tues 17<sup>th</sup>** Tea & Coffee after 10 am service – Parish hall  
**Wed 18<sup>th</sup>** Caritas Moms and Toddlers Event – 10.30am – Parish hall  
 Adoration for students and anyone else who would like to join us – 6-7 pm in the Lady Chapel  
**Thu 19<sup>th</sup>** Caritas activity group– 11 am  
**Sat 21<sup>st</sup>** First Holy Communion Mass – 11am in the church  
 Repair Café – 10.30 Parish hall (see the important note!)  
**Sun 22<sup>nd</sup>** Baptism - Dembe Astaforov 11 months old  
 Refreshments after mass  
 Choir Practice - 11.30 am in the church. All welcome to join

**THE ESSENCE OF THE MOST HOLY TRINITY**

*“All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.” [Matthew 28:19-20](http://www.bible.com/bible/11/matthew/28/19-20) (Year B Gospel)*

Of all the great feasts we celebrate within the Church throughout the year, today’s Solemnity presents us with a Mystery that is so deep and transcendent that our eternity will be spent in perpetual contemplation. The Trinity, the life of the Father, Son and Holy Spirit, will never get old, never be fully understood, and will be the cause of our everlasting adoration and joy. Though the Church has used philosophical concepts to explain the Trinity, no human concept or description will ever fully explain Who God is. Though we can point to some general truths about God, we will never be able to fully depict the inner essence, depth, beauty and omnipotence of the Trinity.

As we consider that fact, it's important to understand that the Trinity is not *first* a theological mystery we try to define. Rather, the Trinity is *first* a communion of Persons we are invited to know. We do not primarily come to know God through intellectual deduction. We come to know God through prayerful union with Him. Though theology is exceptionally useful and important, the essence of God is beyond any and every philosophical concept we can define.

The Father, Son and Holy Spirit are Persons. And as Persons, they want to be known. And they want to be known primarily through a life of deep and intimate prayer. Praying to One Person, of course, is praying to all, since they are One God. But we are, nonetheless, called to a relationship of love with the Father, the Son and the Holy Spirit. And though our feeble minds may not be able to fully comprehend the essence of God, He will draw us deeper and deeper into a knowledge of Him if we let Him.

Prayer often begins by saying prayers, by meditating upon Scripture, and by listening. But true prayer is something much deeper. True prayer is contemplative prayer that ultimately leads to divine union. Only God can initiate this form of prayer in our lives, and only God, through this deep form of prayer, can communicate Himself to us as He is. Some of the greatest mystics of our Church, such as Saint John of the Cross and Saint Teresa of Ávila, explain in their mystical theology that the deepest knowledge of God does not come through concepts or images. In fact, if we wish to obtain a knowledge of God in His essence, we must allow Him to purge every concept of Who He is so that the pure light of His essence can be poured forth upon our minds. This knowledge, they say, is beyond knowing "about" God. It's the beginning of a knowledge "of" God.

Reflect, today, upon the Most Holy Trinity. As you do, say a prayer to God asking for a deeper and more intimate knowledge of Him. Ask Him to communicate to you His divine love and to open your mind and heart to a deeper understanding of Who He is. Try to humble yourself before the great Mystery of the inner life of God. Humility before the Mystery of God means that we know how little we know about Him and how little we know of Him. But that humble truth will help you move closer to the deeper relationship of love to which you are called.

A reflection for Holy Trinity Sunday (Year C)  
[www.mycatholic.life](http://www.mycatholic.life)

## PARISH NOTICES

### FIRST HOLY COMMUNION MASS

**Saturday 21st June at 11.00 am.**

Congratulations to the 30 children in our parish making their First Holy Communion next Saturday. We wish them and their families every blessing at this particular point in their faith journey and their spiritual development.

Note that there will be **NO 10.00 AM MASS next Saturday**. There will however, be some space for parishioners to attend the First Holy Communion Mass instead.

The day after, Sunday 22<sup>nd</sup> June all these children will be invited to attend the Corpus Christi Mass at 10.30am to take part in the church procession and receive their certificates.

Our thanks also goes to the First Holy Communion team who have committed all the hard work involved throughout the year of their preparation behind the scenes.

Registration for **next year's (2025-26)** FHC is now open, with an official closing date on Monday 15<sup>th</sup> September, so please hand in your form no later than Sun, 14<sup>th</sup> September.

You **MUST** attend one of the introductory dates, either 5<sup>th</sup> July or 13<sup>th</sup> September, 11am in the parish hall.

If you would like your child to make their First Holy Communion, they should be over the age of 8 or in year 4 or above at school and they should register for the programme taking place at the parish in which they would normally attend Mass. They should be attending Mass with their family as regularly as possible. Registration forms for the programme at Immaculate Conception are available from the parish office by email, from the parish website or from the church porch. Completed forms together with a passport-style photo should be returned to the parish office.

### MAINTENANCE MORNING

Many thanks to the volunteers who helped out at the maintenance morning last Saturday before the deluge of rain!!

The jobs completed: Grass mowed, litter picked, car park tidied, drains cleared, altar steamed, gallery tidied, seating tidied, candles sorted, locks checked, lights checked, hedges cut.

### NEW FROM CARITAS - EXPLORING ACTIVITIES FOR PARENTS AND PRESCHOOL CHILDREN -



We invite parents with preschool children, and anyone interested in supporting young families, to an introductory session on Wednesday, 18th June at 10:30 AM, following Mass, in the parish hall. This will be an opportunity to explore ideas for developing activities and support.

You are welcome to attend and help shape this new initiative. For more information please contact :  
Kreza@portsmouthdiocese.org.uk | 07825 513195

### REFUGEES - YOU ARE WELCOME HERE!

World Refugee Day is on 22<sup>nd</sup> June 2025 and we would like to dedicate this week to becoming your "Community as a Superpower", where you can find friends and a safe place. Of course we are here for you throughout the year, but we wanted to draw your attention to this special day in June.

## CARITAS GROUP

### Upcoming activities for the next two months:

- 19 June - Board Game
  - 26 June - Move your body (simple group dancing)
  - 3 July - Easy English through simple cooking
  - 10 July - Nagomi Art
  - 17 July - Board Game
  - 24 July Simple exercises
- 31 July 25 Nagomi Art



## COME AND JOIN US

### COOKING WITH CONFIDENCE

Sessions for basic cooking skills

**Open for all**

**Cook and Enjoy your Lunch**

**EVERY MONDAY**  
**11-13.30**  
Parish Hall

Our Monday sessions are rolling on through to July 31st, and we're serving up more fun, flavour, and kitchen confidence each week. Join us on Monday, June 9 for Comfort Cooking—the perfect way to kick off a season of delicious discovery!

Bring a friend, drop in, or register here <https://tinyurl.com/3us9phuz>

## REPAIR CAFÉ

The Repair Café returns to Immaculate Conception church hall on Saturday 21 June from 10.30am till 12.30pm.

**On this occasion, please use the entrance from the car park at the back if you are arriving before 11am, as the First Holy Communion Procession will be taking place on the walkway between the parish hall and the church. In case of wet weather, they also require the use of the hall lobby, so please be considerate of this important event in our parish.**

Repairs include bikes, jewellery, garments, electronic and electrical items....

Refreshments available including homemade cakes.



## CLEANING IN THE CHURCH & PARISH HALL

Millie, our cleaner is going on annual leave from the 25<sup>th</sup> June for a month (4 weeks). With Cecilia also leaving at the end of the month we need a few volunteers to keep an eye on the cleanliness of the premises during these weeks. If you can help please contact the office.

[office@immaculateconception.church](mailto:office@immaculateconception.church)

## VACANCY, PARISH ADMINISTRATOR

### Immaculate Conception Church, Southampton

20-25 hrs per week.

This is a pivotal role in supporting the parish priest, providing a sympathetic and efficient focal point for enquiries, liaising with parishioners and managing all aspects of administration to ensure the smooth day to day running of the parish. Full details will be published soon on the diocesan website at:

<https://www.portsmouthdiocese.org.uk/about-us/people/careers/>

In the meantime, Cecilia will be happy to have an informal chat about the nature of the job and the skills it requires.

## SUNDAY LUNCH @ ST BONS - FREE SUNDAY LUNCH

Thank you to the amazing parishioners who have volunteered for the project, 78 so far! Training starts for the team leaders this Sunday 15<sup>th</sup> 1230 and next Saturday 21<sup>st</sup> 10am at the Freemantle & Shirley Community Centre in Randolph Street, where the lunch will be served, prepared in their commercial kitchen.

Teams will meet over the summer to discuss menus, duties, rotas & complete the required paperwork, as well as organising Food Safety Certificates for those in the kitchen. If all goes to plan, the Free Sunday Lunch will start serving in late September. Thank you all for your patience and support.

[sundaylunchatstbons@gmail.com](mailto:sundaylunchatstbons@gmail.com)

## STELLA MARIS VOLUNTEERS NEEDED

Stella Maris (formerly called Apostleship of the Sea) is seeking one volunteer from this parish please to help with Sea Sunday (which falls on 12/13 July this year) in this parish. This is the day when the Church comes together to pray for seafarers, fishers and their families, and takes a second collection to support the work of Stella Maris. The volunteer will read out the appeal (which Stella Maris will provide) at the end of Masses that weekend. If you can kindly do this, please contact [roland.hayes@stellamarismail.org](mailto:roland.hayes@stellamarismail.org) or call 07887 893 763.



Related to that, all parishioners are warmly invited to an online webinar being run by Stella Maris on Thursday 19<sup>th</sup> June from 7:30pm to 9pm. You will hear about the work that Stella Maris has been doing with seafarers and fishers over the past year or so, including the use of the funds kindly donated on Sea Sunday last year. To attend this webinar, please sign up at:

[www.stellamaris.org.uk/thankyouwebinar](http://www.stellamaris.org.uk/thankyouwebinar)

## Vocations Prayer Newsletter June 2025

<https://portsmouthvocations.org/so/62PSWVIfY?languageTag=en&cid=8eeb309f-dcf5-4938-a4a3-1108ca4991af>



## PORTSMOUTH DIOCESE E NEWS & JOB VACANCIES

Activities, events, news and job vacancies from around the Diocese.

<https://mailchi.mp/portsmouthdiocese/issue493>

# EVANGELISATION DAY

Saturday, 21<sup>st</sup> June 2025 (10am - 4pm)

Proclaiming anew the  
Answer: Jesus Christ!

The day offers practical help and encouragement on ways to witness and share our faith with others and be equipped for the task of evangelisation.

Led by Allegra Mutanda  
Director of Evangelisation & Leadership,  
Winchester parish

GOOD  
NEWS  
IS COMING

"Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect"

(1 Peter 3: 15)

REGISTER NOW



Visit <https://bit.ly/EvangelisationDay>  
or scan the QR code

Venue:  
St Peter's Church  
Winchester  
SO23 8RY

## COULD YOU BE OUR PILGRIMAGE NURSE?

Canon PJ and the Lourdes team are looking for a qualified nurse to join the Diocesan pilgrimage this July. (7-11/7/25)

Bookings for our diocesan pilgrimage to Lourdes are gaining pace and to be able to offer places to our assisted pilgrims we do need to recruit a pilgrimage nurse. We are looking for someone who would be able to join the pilgrimage to offer general care and advice to pilgrims within our group. The assisted pilgrims usually travel with a friend or family member or occasionally travel alone. Assisted pilgrims usually live in their own homes and so are able to manage and self-care in the hotel but occasionally need a little help and support. Duties include offering general advice and administering first aid, assisting an individual with medication and generally keeping the pilgrimage safe and well etc.

If you are a qualified and experienced nurse and would be willing to share your training by supporting pilgrims, please email [Lourdes@portsmouthdiocese.org.uk](mailto:Lourdes@portsmouthdiocese.org.uk) for further information. The successful applicant will need to hold the usual Professional Indemnity Insurance, provide references, and obtain a DBS certificate through the Diocesan Safeguarding team. Be assured that we will be able to offer you some sponsorship and would be very happy to discuss this with you.

## FORMING LIFE IN CHRIST – EVENTS FOR CATECHISTS

An opportunity to meet online and build a community of support with other catechists in the diocese, helping each other to better participate in Jesus's mission of introducing disciples into his Filial relationship with the Father. There are two available dates to choose from: **Thursday 19<sup>th</sup> June and Thursday 10<sup>th</sup> July, 8pm -9pm.** For more information please email: [ffm@portsmouthdiocese.org.uk](mailto:ffm@portsmouthdiocese.org.uk)

## CAN YOU HELP HOMELESS MEN?

Street Pastors are in urgent need of men's clothing for the homeless, and they would truly appreciate any donations you can provide. Your generosity makes a direct impact on those who rely on Street Pastors. Below is a list of the specific items they are collecting:

- **Men's' Shoes** (trainers or hiking-style only) – sizes 8 - 10 including half sizes
- **Men's' Coats** – all sizes welcome
- **Men's' Casual Trousers/Joggers/Jean**s – sizes small and medium only, waist 30', 32', 34' (36') (no formal trousers)
- **Men's' T-shirts** – sizes small and medium only
- **Men's' Jumpers** – sizes small and medium only
- **Men's underwear** – all sizes welcome
- **Men's socks** – all sizes welcome
- **Men's belts**

While they are incredibly grateful for all contributions, they are currently over capacity for women's clothing and kindly ask that you do not donate any at this time. Additionally we will always welcome Sleeping Bags but we cannot accept duvets or pillows.

**Please bring your donation to the church and find Steve Deadman who will pick them up.**

Please note that we are unable to take in any other donations beyond the specific men's items listed above, including additional men's clothing, as we do not have the space for it.

ADORE 50<sup>th</sup> JUBILEE  
2025 THEME: PILGRIMS OF HOPE  
Pathway to the Holy Spirit

"Pilgrims along With Mary"  
SHE TRAVELS WITH US AND SUPPORTS US WITH PRAYER

Mini-retreat for spiritual renewal 28<sup>th</sup> June on Zoom  
Mass; Adoration; Prophecy; Praise; Prayer; Talk by Joe Livingston

Register in advance at [bit.ly/ADOREJUN2025](http://bit.ly/ADOREJUN2025)  
More information from [www.altonrenewal.com](http://www.altonrenewal.com)

## Timetable for 28th June (approx. timings)

10.00am Mass & Adoration  
10.50am Prophetic Sharing  
11.10am Break  
11.20am Praise & Worship, Testimony  
11.55am Main Talk and Prayer  
12.30pm Q & A on Talk  
1.00pm End of Zoom meeting  
1.30-5.00 Telephone Prayer Ministry  
Joining details Please register in advance at [bit.ly/ADOREJUN2025](http://bit.ly/ADOREJUN2025) or scan the QR code.

